

UPRISING YOUTH ACADEMY

BUILDING BLOCS CLIMBING PROGRAMME

PEBBLES

Explore the sport of movement & bouldering

Age: 7 - 8

**Time/Day: Monday or Thursday 4:00pm - 5:00pm
or Saturday 9:15am-10:15am**

Term cost: Youth membership (\$36/Fortnight)

ROCKS +

With recommendation from an Uprising coach

Age: 11 - 12

**Time/Day: Monday or Thursday 5:00pm - 6:00pm
Term cost: Youth membership (\$36/Fortnight)**

ROCKS

Expand and develop bouldering skills & knowledge

Age: 9 - 11

**Time/Day: Monday or Thursday 4:00pm - 5:00pm
Saturday 10:30am-11:30am**

Term cost: Youth membership (\$36/Fortnight)

BOULDERS

Social climbing club with an Uprising coach

Age: 13+

Time/Day: Thursday 4:30pm - 5:30pm

Term cost: General entry

Challenge yourself, have fun, & make new friends



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COMPETITION PROGRAMME

METEORS

Demonstrates strong bouldering ability

Age: 8 - 10 or CNZ U11

Time/Day: Tuesday 4:00pm - 5:00pm

Term cost: Youth membership (\$36/Fortnight)

COMETS

Interest in comp climbing: NIBS

Age: 11 + or CNZ U13

Time/Day: Tuesday 5:00pm - 6:00pm

Term cost: Youth membership (\$36/Fortnight)

ASTEROIDS

Development Team, Competing at NIBS & Nationals

Age: 12+ or CNZ U15/U17

Time/Day: Thursday 5:00pm - 6:15pm

Term cost: Youth membership (\$36/Fortnight)

UPRISING CLIMBING TEAM

Competition Team

Age: 15+

Monthly Workshop

Term cost: 6-month Scholarship

Challenge yourself, have fun, & make new friends

